

GRIEFSHARE 2022-2023

Calvary BFC, Coopersburg
Fellowship Hall; 6:30-8:00pm

<u>Session</u>	<u>Date</u>	<u>Notes</u>
1	Oct 6	
2	Oct 13	(Tom Shorb away; Dave Guttman will facilitate)
3	Oct 20	
4	Oct 27	
5	Nov 3	
6	Nov 10	(Tom Shorb away; Bob Moreau will facilitate)
7	Nov 17	(No session, Thanksgiving Eve, Nov 24)
8	Dec 1	
9	Dec 8	
10	Dec 15	(No sessions, Dec 22 or 29)
11	Jan 5	
12	Jan 12	
13	Jan 19	
	Jan 26	(Any make-up sessions would be added Jan 26 or later)

Facilitating Staff

Tom Shorb
Dave Guttman
Bob Moreau
Patti Speel
Rachel Anderson

NOTE: In case of inclement weather, the facilitators will seek to text, call, or leave a message on the number you have provided if GriefShare is cancelled.

<u>Session</u>	<u>Date</u>	<u>Subject of Session</u>
1	Oct 6	Is This Normal?
2	Oct 13	Challenges of Grief
3	Oct 20	The Journey of Grief, Part 1
4	Oct 27	The Journey of Grief, Part 2
5	Nov 3	Grief and Your Relationships
6	Nov 10	Why?
7	Nov 17	Guilt and Anger
8	Dec 1	Complicating Factors

9	Dec 8	Stuck!
10	Dec 15	Lessons of Grief, Part 1
11	Jan 5	Lessons of Grief, Part 2
12	Jan 12	Heaven
13	Jan 19 (Jan 26)	What Do I Love For Now? (Any make-up sessions would be held Jan 26 or later)